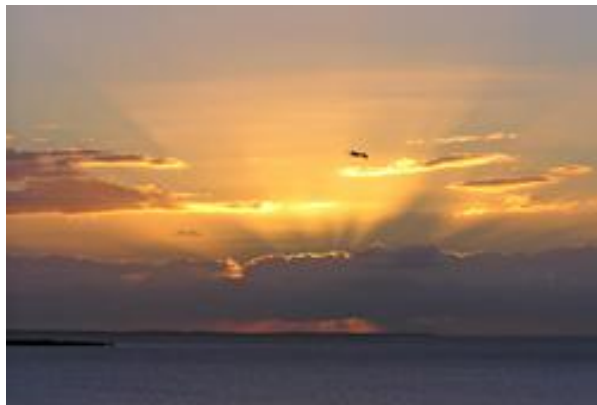


THE LIBERAL CATHOLIC CHURCH OF ST ALBAN

351 Wickham Terrace, Brisbane

INVITES YOU TO OUR

ANNUAL RETREAT



at

THE PRESENTATION SPIRITUALITY CENTRE

Manly, Brisbane

On Brisbane's beautiful Bayside

Friday 27 - Sunday 29 May, 2011

Theme:	“The Yoga of Silence”
Presenters:	Noel & Marie Bertelle
Chair/Chaplain:	The Rev Dr Brian Harding
Services/Sacristans:	The Rt Rev Allan Bradley, St Alban's Brisbane Sr Rosemary di Ruggiero, Toowoomba

Cost for full board including vegetarian meals:\$210

(Payment is due 2 weeks before the event, please – 13th May. Arrivals from 4pm Friday)

Bookings and enquiries to:

Administration: Ms Janet Harding

16 Jetty St, Shorncliffe, Qld 4017

Tel (07) 3269 9469

Email janetsharding@yahoo.com.au

Noel Bertelle writes: The word Yoga is commonly translated as “union,” which can be described as a yoking or joining of one's consciousness to a spiritually liberating system. In our Liberal Catholic understanding, this may be seen as Union with the One, or God. Yoga also means “unification” or the transformation of consciousness, and it is this transformative state that the earnest practitioner seeks to attain; it can best be achieved in a state of Silence. Clearly then, it is essential that one is able to easily rest in that state so that the “joining” can be accomplished without persistent interruption through the personality mechanism, whether it be by thought, word or deed. A Silent Retreat can assist this process and lay the ground-work for future practice.